

<u>SUN</u>	<u>MON</u>	<u>TUES</u>	<u>WED</u>	<u>THRS</u>	<u>FRI</u>	<u>SAT</u>
		77 WEST MAIN ST. 2nd Floor	(508) 435-3366	Hopkinton		Barre Basics Session 8am Mimi
9:30am Yoga Flow 75 minutes Deb					9:30am Yoga Flow 75 Minutes Deb	9:15am Yoga Flow 1 Hour Mimi
5pm RESTORATIVE YOGA 75 mins/Michele	6pm Yoga Flow 75 mins Ellen	6pm Barre Basics 1 Hour Mimi	6pm Yoga Flow 75 Minutes Kathleen	6pm Yoga Flow 75 Minutes Mimi		
		7:15pm Prenatal Yoga Ally				